Bring the Outdoors Inside

Here are a few things you can do to help your cat thrive inside:

- **PLANT AN INDOOR GARDEN**
  Purchase or grow a cat-friendly garden for your cat. This can include cat grass, catnip, and non-toxic herbs like parsley, mint and cat thyme. There are also safe plants like bamboo, Boston ferns and spider plants.

- **SET UP WINDOW PERCHES**
  Give your cat lots of perches near windows so they can keep an eye on outdoor activity. Cats love to watch birds and squirrels. Make sure window screens are secure to eliminate the possibility of your cat falling or pushing their way through the window.

- **ENGAGE IN PLAYTIME**
  Draw out your cat's natural hunting instincts through interactive playtime to help keep their mind and body engaged.
  Use a variety of feather wands and mouse toys to encourage their innate curiosity.

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